

Key References and Resources

David Oliver.

Oliver D, Foot C, Humphries R. Making health and care systems fit for an ageing population. King's Fund. 2014

https://www.kingsfund.org.uk/sites/files/kf/field/field_publication_file/making-health-care-systems-fit-ageing-population-oliver-foot-humphries-mar14.pdf

[If you want one key reference containing most of the information at least up until 2014 this is a good starting point]

Oliver D, Burns E. Geriatric Medicine and Geriatricians in the UK. How they relate to acute and general internal medicine and what the future might hold. FHJ 2015 at

http://www.bgs.org.uk/pdfs/2016_rcp_future_hospitals.pdf

[For one essay about how geriatrics is organised in UK]

Oliver D. Care of frail older people in hospital. Physicians Must Embrace the Challenge. *Clinical Medicine* 2012 at

http://www.bgs.org.uk/pdf/cms/reference/clinmed_jun12_oliver.pdf

British Geriatrics Society Website. www.bgs.org.uk and especially the blog (click on tab) Twitter handle @gerisoc

Acute Frailty Clinical Network (23 sites involved)

<http://www.acutefrailtynetwork.org.uk/>

NHS England New Care Model Vanguards (including care homes, urgent care etc.)

<https://www.england.nhs.uk/ourwork/new-care-models/>

RCP London acute care toolkit acute care for frail older people at

<https://www.rcplondon.ac.uk/guidelines-policy/acute-care-toolkit-3-acute-medical-care-frail-older-people>

Other Acute Care toolkits RCP including ambulatory care all at

<https://www.rcplondon.ac.uk/projects/acute-care-toolkits>

RCP London Future Hospital Journal (many articles on generalism, training, quality etc.)

<https://www.rcplondon.ac.uk/projects/acute-care-toolkits>

British Geriatrics Society, College of Emergency Medicine and other partners. The Silver Book. Quality care for people with urgent and emergency care needs.

http://www.bgs.org.uk/campaigns/silverb/silver_book_complete.pdf

Gold standards Framework Movement for End of Life Care

<http://www.goldstandardsframework.org.uk/>

NHS Benchmarking National Audit of Intermediate Care

<http://www.nhsbenchmarking.nhs.uk/CubeCore/.uploads/NAIC/Reports/NAICReport2015FINALA4printableversion.pdf>

NHS Benchmarking Acute Care for Older People Audit

<http://www.nhsbenchmarking.nhs.uk/CubeCore/.uploads/Older%20Peoples/NHSBNOPReport2014Circ.pdf>

National Institute for Health Care and Clinical Excellence (NICE) (www.nice.org.uk) has guidance and quality standards on (among other things)

- Falls
- Fragility Fracture
- Hip Fracture
- Stroke
- Dementia
- Frailty and Multimorbidity
- Urinary and Faecal Incontinence
- Delirium
- Mental health of care home residents
- Social care support for people with complex health needs
- End of life care

NHS Confederation. "Growing Old Together." Sharing new ways to support older people at <http://www.nhsconfed.org/~media/Confederation/Files/Publications/Documents/Growing%20old%20together%20-%20report.pdf>

Health Service Journal. Commission on Acute Care for Frail Older People. Main report at https://www.hsj.co.uk/Journals/2014/11/18/l/q/r/HSJ141121_FRAILOLDERPEOPLE_LORES.pdf

"Mrs Andrews' Gone Wrong Care." "Mrs Andrews What Went Wrong" both on you tube free and part of Health Service Journal Work

Health Improvement Scotland. Older People in Acute Care (OPAC) programme. Standards of Care for older people in hospital

http://www.healthcareimprovementscotland.org/our_work/person-centred_care/resources/opah_standards.aspx

OPAC also has a major improvement programme around delirium and lots of other resources including short videos here

http://www.healthcareimprovementscotland.org/our_work/person-centred_care/opac_improvement_programme/video_programme_overview.aspx

The Association of Elderly Medicine Education (AEME) also has a series of online "Mini-Gems" tutorials as does MDTea Podcasts

British Geriatrics Society Toolkit. Commissioning for excellence in care homes (all about Improving quality of care for care home residents)

http://www.bgs.org.uk/campaigns/2013commissioning/Commissioning_2013.pdf

“My Home Life” programme – improving end of life care for care home residents.

www.myhomelife.org.uk

Clegg et al. Frailty in elderly people a Clinical Review. Lancet 2013

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(12\)62167-9/abstract?rss=yes](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(12)62167-9/abstract?rss=yes)

Clegg A et al Age and Ageing 2016. Development and validation of an electronic frailty index for use in general practice

British Geriatrics Society. “Fit for Frailty” guidance. Part 1

http://www.bgs.org.uk/campaigns/fff/fff_full.pdf

British Geriatrics Society “Fit for Frailty” Part 2

http://www.bgs.org.uk/campaigns/fff/fff2_full.pdf

Royal College of General Practitioners (RCGP) and British Geriatrics Society. 2016. Integrated care for older people with frailty. GPs and Geriatricians working together

<http://www.rcgp.org.uk/news/2016/november/joining-up-care-for-older-people-with-frailty.aspx>

NHS England. Toolkit for older people with frailty in general practice

<http://www.bgs.org.uk/general-practice/general-practice/gp-toolkit-for-frailty>

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NHS England Safe Compassionate Care for Older People with frailty

<https://www.england.nhs.uk/wp-content/uploads/2014/02/safe-comp-care.pdf>

RCP London Future Hospital Commission Report, Programme, Development Sites and “Tell us your story” all at

<https://www.rcplondon.ac.uk/projects/future-hospital-programme>

RCP London Acute Care Toolkits (including Ambulatory Care)

<https://www.rcplondon.ac.uk/projects/acute-care-toolkits>

National Clinical Audit Programmes including:

RCP Falls and Fragility Fractures (including hip fracture database)

<https://www.rcplondon.ac.uk/projects/falls-and-fragility-fracture-audit-programme-fffap>

Dementia in general hospitals (RCPsych)

<https://www.rcpsych.ac.uk/pdf/NAD%20NATIONAL%20REPORT%202013%20reports%20page.pdf>

End of Life Care in Hospital

http://www.hospitaldr.co.uk/Dementia%20care_EN_1.pdf

David Oliver. British Medical Journal “Acute Perspective” Columns – all 450 words, All Free from Paywall or Password. Many about older people including.

Just google on “david oliver bmj acute perspective” then title

- “Rehabilitation is part of medicine”
- “Dementia care in general hospitals”
- “Hip fracture care leads the way”
- “Delirium matters”
- “The forgotten problem of incontinence”
- “Who is to blame for older peoples readmission”
- “End of life care is everyone’s business”
- “Preventing admissions from care homes”
- “Frailty in acute care”
- “Why more older people than ever are stuck in hospital”
- “Improving access to intermediate care”
- “Why I let some people stay longer in hospital”
- “Welcoming carers onto the ward”
- “When are hospital doctors right to challenge patients families”
- “Resuscitation orders and reality”
- “Base care on need not age”
- “The social care crisis needs meaningful solutions not soundbites”
- “Reducing delays in hospital”

David Oliver. Kings Fund Blogs

Numerous free 700-800 word blogs on care for older people
Many linked to major conferences with all materials on line
Link here

<https://www.kingsfund.org.uk/about-us/whos-who/david-oliver>