Frail seniors with complex health problems have unique needs and present specific challenges for accurate diagnosis and assessment.

The goal of specialized geriatric services is to reduce the burden of disability by detecting and treating reversible conditions and recommending optimal management of chronic conditions.

Referrals can be made to a specialized geriatric service for frail elderly persons whose health, dignity and independence are at risk due to:

- multiple and complex medical and psycho-social problems
- a recent unexplained breakdown in health and/or level of function (or high risk for such breakdown)
- risk of losing the capacity for independent living

Updated: March 2011
OUTREACH
Comprehensive assessments in the older person’s home or long-term care facility are conducted by one or two health care professionals in geriatric medicine, nursing, social work, physiotherapy, occupational therapy and/or speech language pathology. Other health professionals may be involved if needed.

OUTPATIENT GERIATRIC SERVICES
Clinics are used to assess, treat and monitor elderly persons who can travel to the hospital. Some persons receiving RGP Outreach Visits may have their first contact with a geriatrician in a clinic setting.

ACUTE GERIATRIC UNITS

GERIATRIC REHABILITATION UNITS (GRU)
Inpatient units for persons who require an individualized assessment and rehabilitation program for a period of one to three months.

GERIATRIC ASSESSMENT AND TREATMENT UNITS (GATU)
Inpatient units for persons with complex medical conditions who require an individualized assessment and rehabilitation program for a period of four to six weeks.

INTERNAL CONSULTATION TEAMS
Multi-disciplinary teams provide consultation and assessment of patients in the participating facilities.

PSYCHOGERIATRIC SERVICES
Geriatric psychiatrists provide assessment and treatment for those elderly persons who may have behavioural or psychosocial issues (i.e. depression, anxiety, psychosis, dementia).

GERIATRIC EMERGENCY MANAGEMENT
Consultation by a specialized geriatric health professional in the emergency room providing assessment, diagnosis, identification of “at risk” elderly, initiating appropriate treatment, and linkages with community and primary care.

GERIATRIC DAY HOSPITALS
These hospital-based ambulatory programs provide diagnostic, rehabilitative or therapeutic services to persons living at home or in a long-term care facility. Attendance is usually two days per week for several months.

HOW TO MAKE A REFERRAL
Call the hospital referral number (see list on following pages) for information on how to make a referral. The following diagnostic, treatment and rehabilitative services are provided on a consultative basis designed to support and enhance the work of family physicians and other attending health professionals.
Baycrest
- Outreach
- Day Hospital
- Outpatient Clinic
- GATU
- GRU
- Acute Care Transition Unit (ACT)
- Psychogeriatric Services
  Tel: 416-785-2488
  Fax: 416-785-2409

Bridgepoint Health
- ALC (assessment & treatment unit)
- Day Hospital (Rehabilitation)
- Geriatric Rehabilitation Unit (slow stream)
  Tel: 416-461-8252 ext. 2064
  Fax: 416-461-5499

Mount Sinai Hospital
- Geriatric Outpatient Psychiatry Assessment and Treatment Program
- The Cyril & Dorothy, Joel & Bill Reitman Centre for Alzheimer’s Support and Training
- Internal Geriatric Psychiatry Medical Surgical Consultation Liaison Service
  Tel: 416-589-4800 ext. 5192
- Wellness Centre for Chinese Elders
  Tel: 416-291-3883
- Internal Consultation
  Tel: 416-586-4800 ext. 7296
- Geriatric Emergency Management
  Tel: 416-586-4800 ext. 5585

Providence Healthcare
- Outreach
- Outpatient Clinic
- GATU/GRU
- Internal Consult
- Psychogeriatric Services
  Tel: 416-285-3665
  Fax: 416-285-3663

Sunnybrook Health Sciences Centre
- Outreach
- Day Hospital
- Falls Prevention Program
- Outpatient Clinic
- Internal Consult
- Geriatric Emergency Management
  Tel: 416-480-6888
  Fax: 416-480-4778
- Psychogeriatric Outreach Services
  Tel: 416-480-4663
  Fax: 416-480-5889

St. Joseph’s Health Centre
- Internal consult
- Inpatient transitional unit
- Elderly Community health services
- Outpatient Clinics (booking office)
  Tel: 416-530-6043
  Fax: 416-560-6050
- Psychogeriatric Services
  Tel: 416-530-6770
  Fax: 416-560-6076 (Community Mental Health clinic fax)
- Geriatric Emergency Management
  Tel: 416-530-6000 ext. 4651

St. Michael’s Hospital
- Outpatient Clinic
- Acute Care of the Elderly (ACE) Unit
- Internal Consult
  Tel: 416-864-5015
  Fax: 416-864-5735
- Geriatric Mental Health Outreach
  Tel: 416-864-6060 ext. 3278
- Geriatric Emergency Management
  Tel: 416-864-6060 ext. 2272

Toronto East General Hospital
- Geriatric Clinic
  Tel: 416-469-6580 ext 6031
  Fax: 416-469-6507
- Psychogeriatric Services
  Tel: 416-469-6580 ext 6319
  Fax: 416-469-6116
- Geriatric Emergency Management

Toronto Grace Health Centre
- Complex Medical & Geriatric Unit
- Geriatrics/Frail elderly Ortho. Unit
- Transitional Care Unit
  Tel: 416-925-2251 ext. 230
  Fax: 416-925-0939

Toronto Rehabilitation Institute
- Day Hospital
- Geriatric Medical Clinics
- Geriatric Psychiatry Clinic
- Psychogeriatric Outreach
  Tel: 416-597-3422 ext. 3099
  Fax: 416-597-7065
- Geriatric Rehab. Unit
  Tel: 416-597-3422 ext 3038
  Fax: 416-597-7067
- Geriatric Psychiatry Unit
  Tel: 416-597-3422 ext 3041
  Fax: 416-497-7054

University Health Network
- Toronto Western site
  - Falls Prevention Program
    Tel: 416-603-6769
  - Memory Clinic
    Tel: 416-603-5232
    Fax: 416-603-6402
  - Acute Geriatric Unit
  - Geriatric Emergency Management

- Toronto General site
  - Mood Disorders Module (outpatient clinic for late-life affective disorders)
    Tel: 416-603-5800 ext 6508
    Fax: 416-603-5368
  - Internal Consult (General and Western sites)
  - Geriatric Emergency Management

- Women’s College Hospital
  - Wellness for Independent Seniors (WISE) outpatient clinic
    Tel: 416-323-6400 ext 8092
    Fax: 416-323-7324

- West Park Healthcare Centre
  - Geriatric Functional Enhancement Service
    Tel: 416-243-3600 ext. 4030
    Fax: 416-243-8397
  - Psychogeriatric Services (Mental Health Consultant and Consulting Psychiatrist)
    Tel: 416-243-3732
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| **Humber River Regional Hospital**  
Finch site  
- Internal Consult  
- Outpatient Clinic  
- Psychogeriatric Consultation  
Tel: 416-747-3748  
Fax: 416-747-3802  
- Geriatric Outreach Service  
Tel: 416-747-3736  
Fax: 416-747-3707  
- Geriatric Emergency Management  
Tel: 416-744-2500 ext. 2476  
Fax: 416-747-3099  
|  
| **Church site**  
- Internal Consult  
- Outpatient Clinic  
- Psychogeriatric Consultation  
Tel: 416-663-4124  
Fax: 416-245-1166  
- Geriatric Emergency Management  
Tel: 416-243-4201  
Fax: 416-243-4592  
|  
| **North York General Hospital**  
- Geriatric Medicine & Geriatric Psychiatry clinics  
- Geriatric Medicine & Geriatric Psychiatry outreach services  
- Memory Clinics  
- Parkinson Clinic  
- Parkinson Education Program  
- Geriatric Day Hospital  
- Internal Consultation  
- Osteoporosis Program  
- Acute Care of the Elderly Unit (ACE)  
- Acute Geriatric Unit  
- Chiropody clinic  
- Geriatric Emergency Management  
Tel: 416-756-6050 ext 8060  
Fax: 416-756-3144  
|  
| **Unionville Home Society**  
- Geriatric Outreach Services (based at Markhaven)  
Tel: 905-201-3389  
Fax: 905-201-5580  
|  
| **York Central Hospital**  
- Internal Consult  
- Outpatient Clinic  
Tel: 905-883-1212 ext 3889  
Fax: 905-883-2111  
- Geriatric Emergency Management  
Tel: 905-883-1212 ext. 1-7133  
|  
| **Southlake Regional Health Centre**  
- Complex Medical Rehab. Unit  
Tel: 905-895-4521 ext. 2504  
Fax: 905-830-5972  
- Geriatric Outreach Services  
Tel: 905-895-4521 ext. 6317  
Fax: 905-862-2222  
- Geriatric Emergency Management  
|  
| **Rouge Valley Health System**  
**Centenary site**  
- Geriatric Assessment & Treatment Unit  
Tel: 416-284-8131 ext. 7377  
Fax: 416-281-7354  
- Geriatric Consultation Team  
Tel: 416-284-8131 ext. 4696  
Fax: 416-281-7105  
- Psychogeriatric Outreach Program  
Tel: 416-284-8131 ext 5241  
Fax: 416-281-7320  
- Geriatric Emergency Management  
Tel: 416-284-8131 ext 4692  
Fax: 416-281-7288  
|  
| **Ajax site**  
- Geriatric Emergency Management  
Tel: 905-683-2320 ext. 1457  
|  

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| **The Scarborough Hospital**  
**Grace & General Sites**  
- Specialized Geriatric Clinic  
Tel: 416-431-8111  
Fax: 416-431-8161  
- Internal Consult  
- Psychogeriatric Outreach (Grace site)  
- Acute Care for the Elderly Unit  
- Geriatric Emergency Management  
Tel: 416-431-8200 ext. 6930  
|  
| **Lakeridge Health Corporation**  
**Whitby site**  
- Geriatric Assessment & Rehab. Unit  
Tel: 905-623-3331 ext 1615  
Fax: 905-743-5940  
- Day Hospital  
Tel: 905-430-4055 ext. 5200  
Fax: 905-444-4438  
- Falls Clinic  
Tel: 905-668-6813 ext. 3107  
Fax: 905-668-8279  
|  
| **Oshawa site**  
- Geriatric Emergency Management  
- Geriatric Consultation Team  
- Specialized Assessment of Frail Elderly (SAFE) Clinic (multi-site)  
Tel: 905-623-3331 ext. 1216  
|  
| **Bowmanville and Port Perry sites**  
- Geriatric Emergency Management  
|  
| **Ontario Shores Centre for Mental-Health Services (formerly Whitby Mental Health Centre)**  
**Seniors’ Mental Health Program**  
- Seniors Mental Health Unit  
- Seniors Memory Disorder Unit  
- Seniors Community Outreach Program  
Tel: 905 668-5881 ext. 6298  
|  
| - Memory Clinic (Whitby & York Region)  
Tel: 905 668-5881 ext. 6531  
Fax: 905 430-4049  
Toll Free 1 800 341-6323  
|
MISSISSAUGA HALTON LHIN

Trillium Health Centre
Mississauga site
- Psychiatric Consultation Liaison Team (internal)
  Tel: 905-848-7580 ext 2289
  Fax: 905-848-7368
- Senior’s Mental Health Inpatient Unit
  Tel: 905-848-7589
  Fax: 905-804-7976
- Senior’s Health Internal Consult Team
  Tel: 905-848-7507
- Geriatric Emergency Management
  Tel: 905-848-7580 ext. 2774
West Toronto site
- Seniors’ Mental Health Services
  (outpatient clinic and outreach)
  Tel: 416-521-4057
  Fax: 416-521-4072
- Continence Clinic
- Seniors’ Health Services
  (outpatient clinic and outreach)
  Tel: 416-521-4196
  Fax: 416-521-4082

The Credit Valley Hospital
- Geriatric Assessment Clinic
- Falls Clinic and Program
  Tel: 905-813-1100 ext. 5415
  Fax: 905-813-3855
- Seniors and Rehabilitation Day Hospital
  Tel: 905-813-4481
  Fax: 905-813-4229
- Geriatric/General Rehabilitation
  Tel: 905-813-4410
  Fax: 905-813-3964
- Geriatric Emergency Management
  Tel: 905-813-5062
- Outpatient Mental Health, Geriatric Psychiatry Team
  Tel: 905-813-2398
  Fax: 905-813-4284
- Internal Consult
- Halton Geriatric Mental Health Outreach
  (Affiliated with St. Joseph’s Healthcare, Hamilton)
  Tel: 905-681-8233
  Fax: 905-681-8623

NORTH SIMCOE MUSKOKA LHIN

Royal Victoria Hospital
- Healthy Aging Clinic
- Internal Consult (Healthy Aging Support and Education Team – HASE)
- Cognitive Assessment and Support Service (Clinic)
- Acute Geriatric Unit
  Tel: 705-739-5669
  Fax: 705-728-2408
- Emergency Access Nurse
  Tel: 705-728-9090 ext. 47361

RGP ADMINISTRATIVE HEAD OFFICE:
Sunnybrook Health Sciences Centre
Tel: 416-480-6026
February 8, 2011